

Naturopathic Clinic
of Concord



Cleanse

An extraordinary 3-week detoxification program
that will change your life!

Lose weight • Improve your health • Feel great

**MORNING SESSIONS at
9am**

Mondays
March 9, 16, 23, 30
-or- Tuesdays

**LUNCHBOX SESSIONS at
12pm**

Mondays
March 9, 16, 23, 30
-or- Thursdays

**EVENING SESSIONS at
6pm**

Tuesdays
March 10, 17, 24, 31
-or- Tuesdays

**What is the Cleanse
Program?**

Participants follow a diet of whole foods, medical-grade protein powder, and supplements that support detoxification and maintenance of lean muscle tissue. During the 3-week program, you attend 4 weekly educational classes that teach valuable health and wellness concepts to assist you in making healthy lifestyle choices after The Cleanse Program.

The Cleanse helps to:

- Lose weight
- Lower cholesterol
- Lower blood sugar
- Reduce allergies & asthma
- Improve digestive disorders
- Diminish joint pain **and more!**

Pre-registration required • Call today! 228-0407

****May be insurance reimbursable****

Dr. Pamela Herring, ND, DHANP • Naturopathic Clinic of Concord, Inc.
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